

Gout Self-Management App

GP Eligibility

- Have seen patients with gout in the last 12 months

Eligible Patients

- Have had 1 or more gout attacks in the past year
- Be receiving, or eligible to receive ULT (e.g. allopurinol)
- Have access to a smartphone or tablet device with internet

Reimbursements

- Practices receive \$300 worth of gift cards
- Participating patients receive three x \$30 gift cards

What do GPs need to do?

Study Procedures:

- Inform your gout patients about the study (assistance can be arranged)
- Review your gout patients and refer them for blood tests (uric acid and creatinine) at enrolment, 6, and 12 months

Contact Details

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HREC approval Number: 15199

This study is also part of a professional development activity, approved by both the RACGP (Category 1: 40 points) and the ACRRM (30 PRPD points).



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